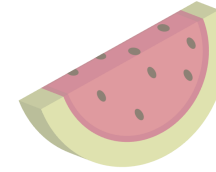


# LINDFIELD ACTIVITY CENTRE

## TERM 2 WEEK 1 MENU

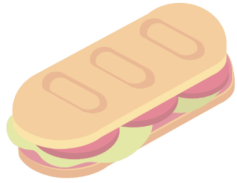


*\*Fruit, veggies and water are available at all times\**

TERM 2 WEEK 1	MONDAY 24TH	TUESDAY 25TH	WEDNESDAY 26TH	THURSDAY 27TH	FRIDAY 28TH
Breakfast	VACATION CARE	PUBLIC HOLIDAY	Cereal, Toast & Spreads <b>Pikelets</b>	Cereal, Toast & Spreads <b>Porridge</b>	Cereal, Toast & Spreads <b>Beans on Toast</b>
Afternoon Tea			Fried Rice	Nachos	Pasta Bake
Late Snack			Saladas, Dips and Cheese	Decorated Arrowroots	Smartie Cookies

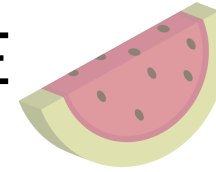
■ = Vegetarian Option   ■ = Preparation   ■ = Activity with Children

At Lindfield Activity Centre the children will enjoy healthy, wholesome meals catering to all individual needs and diets.



# LINDFIELD ACTIVITY CENTRE

## TERM 2 WEEK 2 MENU

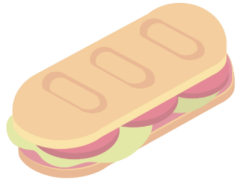


\*Fruit, veggies and water are available at all times\*

WEEK 2	MONDAY 1ST	TUESDAY 2ND	WEDNESDAY 3RD	THURSDAY 4TH	FRIDAY 5TH
Breakfast	Cereal, Toast & Spreads Yoghurt	Cereal, Toast & Spreads Orange Juice	Cereal, Toast & Spreads Crumpets	Cereal, Toast & Spreads Porridge	Cereal, Toast & Spreads Wholemeal Pancakes
Afternoon Tea	Spaghetti Bolognese	Sushi (Use avocado, cucumber & carrots)	Cheese and Ham Toasties Tomato and cheese	Cheesy Herb Bread	Potato Wedges
Late Snack	Corn thins with Spreads	Weetbix Slice ***	Sakata's, Dip, Cheese and Veggie Sticks	Scones ***	Banana Muffins

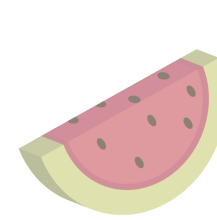
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# LINDFIELD ACTIVITY CENTRE

## TERM 2 WEEK 3 MENU



*\*Fruit, veggies and water are available at all times\**

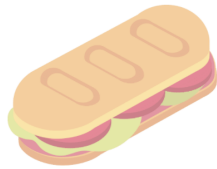
WEEK 3	MONDAY 8TH	TUESDAY 9TH	WEDNESDAY 10TH	THURSDAY 11TH	FRIDAY 12TH
Breakfast	Cereal, Toast & Spreads <b>Yoghurt</b>	Cereal, Toast & Spreads <b>Porridge</b>	Cereal, Toast & Spreads <b>Baked Beans</b>	Cereal, Toast & Spreads <b>English Muffins</b>	Cereal, Toast & Spreads <b>Milo</b>
Afternoon Tea	Teriyaki Chicken and Rice	Napoletana Pasta	Pita Pizza <small>***</small>	Honey Soy Noodles	Spinach and Feta Turnovers
Late Snack	Saos with Spreads <small>***</small>	Berry Muffins	Homemade Muesli and Yoghurt	Cruskits with spreads	Honey Joys <small>***</small>

■ = Vegetarian Option

■ = Preparation

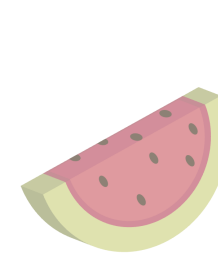
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# LINDFIELD ACTIVITY CENTRE

## TERM 2 WEEK 4 MENU

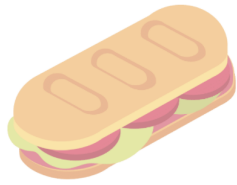


\*Fruit, veggies and water are available at all times\*

WEEK 4	MONDAY 15TH	TUESDAY 16TH	WEDNESDAY 17TH	THURSDAY 18TH	FRIDAY 19TH
Breakfast	<b>Cheese Toasties</b> Cereal Toast & Spreads	<b>Crumpets</b> Fruit, Cereal Toast & Spreads	<b>Banana Pancake Bites</b> Fruit, Cereal Toast & Spreads	<b>Smoothies</b> Fruit, Cereal Toast & Spreads	<b>Yoghurt</b> Fruit, Cereal Toast & Spreads
Afternoon Tea	Garlic Bread	Sandwiches ***	Cheese and Vegemite Scrolls	Nachos	Udon Noodle Stir Fry
Late Snack	Scones ***	Harry Potter Cupcakes ***	Milo Slice	Fairy Bread ***	Icy Poles

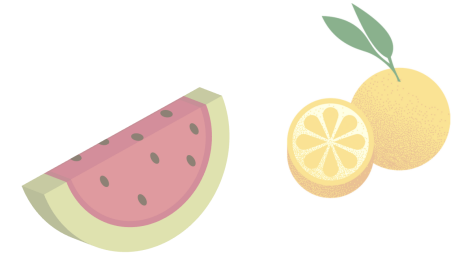
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# LINDFIELD ACTIVITY CENTRE

## TERM 2 WEEK 5 MENU

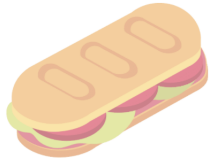


\*Fruit, veggies and water are available at all times\*

WEEK 5	MONDAY 22ND	TUESDAY 23RD	WEDNESDAY 24TH	THURSDAY 25TH	FRIDAY 26TH
Breakfast	<b>Baked Beans</b> Fruit, Cereal Toast & Spreads	<b>Porridge</b> Fruit, Cereal Toast & Spreads	<b>Milo</b> Fruit, Cereal Toast & Spreads	<b>Wholemeal Pancakes</b> Fruit, Cereal Toast & Spreads	<b>English Muffins</b> Fruit, Cereal Toast & Spreads
Afternoon Tea	Sushi	Pumpkin Pasta	Mexican Quesadillas ***	Raisin Toast	Chicken Fried Rice ***
Late Snack	Strawberry Jam and Cream Puffs ***	Ritz, Dips and Cheese	Saos with Spreads ***	Chocolate Caramel Pretzel Bark (Pretzels contain gluten)	Anzac Biscuits ***

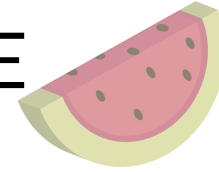
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# LINDFIELD ACTIVITY CENTRE

## TERM 2 WEEK 6 MENU

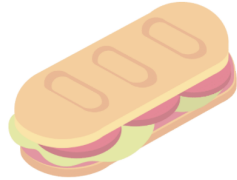


*\*Fruit, veggies and water are available at all times\**

Week 6	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	<b>Avo Toast</b> Cereal, Toast & Spreads	<b>Banana Pancake Bites</b> Cereal, Toast & Spreads	<b>Smoothies</b> Cereal, Toast & Spreads	<b>Porridge</b> Cereal, Toast & Spreads	<b>Yoghurt</b> Cereal, Toast & Spreads
Afternoon Tea	Chicken Noodle Soup	Pepperoni Pizza Pockets	Cheesy Herb Bread	Pasta Bake	Moroccan Chicken and Rice
Late Snack	Saladas with Spreads and Cheese ***	Rice Bubble Slice	Weetbix Slice ***	Chocolate Dipped Banana Bites	Sakata's with dip and cheese

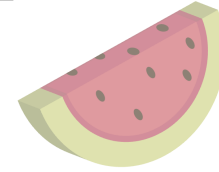
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# LINDFIELD ACTIVITY CENTRE

## TERM 2 WEEK 7 MENU

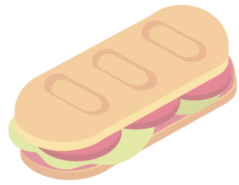


\*Fruit, veggies and water are available at all times\*

Term 2 Week 7	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	<b>Banana Pancake Bites</b> Cereal, Toast & Spreads	<b>Crumpets</b> Cereal, Toast & Spreads	<b>Yoghurt</b> Cereal, Toast & Spreads	<b>Porridge</b> Cereal, Toast & Spreads	<b>Avo Toast</b> Cereal, Toast & Spreads
Afternoon Tea	Honey Soy Noodles	Veggie Rice Paper Rolls	Ham and Cheese Toasties ***	Pita Pizza ***	Butter Chicken
Late Snack	Fairy Bread ***	Choc Chip Raspberry Banana Bread ***	Yoghurt Bark	Smartie Cookies ***	Jelly and Fruit

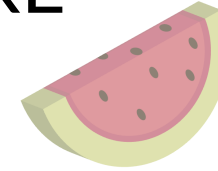
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# LINDFIELD ACTIVITY CENTRE

## TERM 2 WEEK 8 MENU



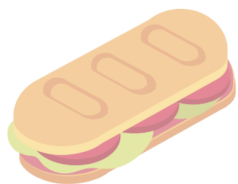
\*Fruit, veggies and water are available at all times\*

Term 2 Week 8	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	<b>Crumpets</b> Cereal, Toast & Spreads	<b>English Muffins</b> Cereal, Toast & Spreads	<b>Milo</b> Cereal, Toast & Spreads	<b>Porridge</b> Cereal, Toast & Spreads	<b>Pancakes</b> Cereal, Toast & Spreads
<b>Afternoon Tea</b>	Spanish Paella	Garlic and Cheese Naan	Mac and Cheese (Simple)	Chicken Tikka Masala	Pasta Bake
<b>Late Snack</b>	Cruskits with Spreads ***	Strawberry Jam and Cream Puffs ***	Chocolate Dipped Banana Bites	Veggie Sticks, Dip and Crackers	Strawberry Frozen Yoghurt

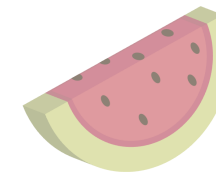
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# LINDFIELD ACTIVITY CENTRE TERM 2 WEEK 9 MENU

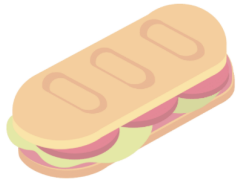


\*Fruit, veggies and water are available at all times\*

Term 2 Week 9	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	<b>Banana Bread</b> Cereal, Toast & Spreads	<b>Crumpets</b> Cereal, Toast & Spreads	<b>Yoghurt</b> Cereal, Toast & Spreads	<b>Smoothies</b> Cereal, Toast & Spreads	<b>Avo Toast</b> Cereal, Toast & Spreads
<b>Afternoon Tea</b>	Fried Rice ***	Toasties ***	Teriyaki Chicken and Rice	Pepperoni Pizza Pockets	Potato Bake ***
<b>Late Snack</b>	Corn thins with spreads ***	Anzac Biscuits	Saos with spreads and cheese ***	Choc Chip Raspberry Banana Bread ***	Icy Poles

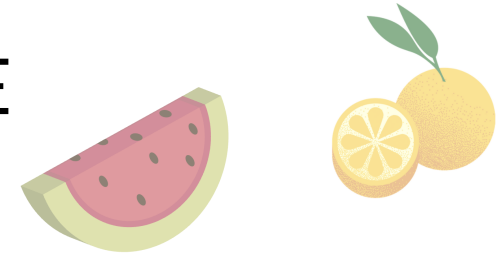
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# LINDFIELD ACTIVITY CENTRE

## TERM 2 WEEK 10 MENU

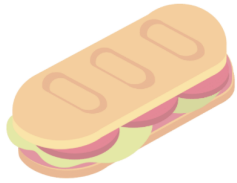


\*Fruit, veggies and water are available at all times\*

Term 2 Week 10	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	<b>Wholemeal Pancakes</b> Cereal, Toast & Spreads	<b>Yoghurt</b> Cereal, Toast & Spreads	<b>Milo</b> Cereal, Toast & Spreads	<b>English Muffins</b> Cereal, Toast & Spreads	<b>English Muffins</b> Cereal, Toast & Spreads
Afternoon Tea	Spinach and Feta Turnovers	English Muffin Pizzas ***	Chicken Fried Rice ***	Veggie Mac and Cheese	Garlic and Cheese Naan
Late Snack	Scones ***	Saladas with Spreads ***	Yoghurt Bark	Cruskits with spreads ***	Strawberry Jam and Cream Puffs ***

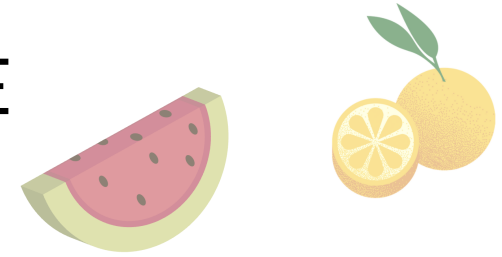
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# LINDFIELD ACTIVITY CENTRE

## TERM 2 WEEK 11 MENU



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Term 2 Week 11	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	<b>Wholemeal Pancakes</b> Cereal, Toast & Spreads	<b>Yoghurt</b> Cereal, Toast & Spreads	<b>Milo</b> Cereal, Toast & Spreads	<b>Cheese Toasties</b> Cereal, Toast & Spreads	<b>Porridge</b> Cereal, Toast & Spreads
Afternoon Tea	Potato Wedges	Spaghetti Bolognese	Udon Noodle Stir Fry	Garlic Bread	Sausage Sizzle
Late Snack	Banana Muffins	Corn thins with Spreads ***	Fairy Bread ***	Honey Joys	Dips, crackers and veggie sticks

 = Vegetarian Option     = Preparation     = Activity with Children

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