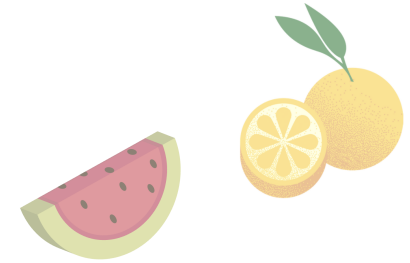


LINDFIELD ACTIVITY CENTRE VAC WEEK 1

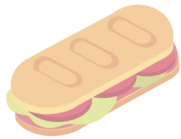


Fruit, Veggies, Milk and Water available at all meal times

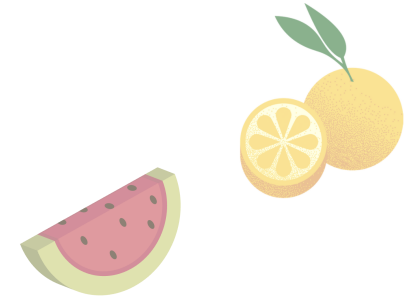
| Vac Care Week 1 | MONDAY 25th <i>Art Day</i> | TUESDAY 26th <i>Aquarium</i> | WEDNESDAY 27th <i>Masterchef</i> | THURSDAY 28th <i>Sydney Zoo</i> | FRIDAY 29th <i>Ninja Incursion</i> |
|-------------------------------------|---|---------------------------------|-------------------------------------|---|---------------------------------------|
| Breakfast (Finishes 8:30) | Cereal, Toast & Spreads | Cereal, Toast & Spreads | Cereal, Toast & Spreads | Cereal, Toast & Spreads | Cereal, Toast & Spreads |
| Morning Tea | Cheesy Herb Bread | EXCURSION | Corn thins and spreads | EXCURSION | Corn Thins with Spreads *** |
| Lunch | Homemade Pesto Pasta | | Pizza *** | | Pasta Bake |
| Afternoon Tea | Arrowroot Biscuits with Icing *** | Popcorn | Scones *** | Yoghurt and Fruit Cups (Use canned fruit) | Smartie Biscuits *** |
| Late Snack | Smoothies | Warm Milo | Crackers and Cheese | Rocky Road *** | Sakatas, veggie sticks and dips |

■ = Vegetarian Option ■ = Preparation ■ = Activity with Children

At Lindfield Activity Centre the children will enjoy healthy, wholesome meals catering to all individual needs and diets.



LINDFIELD ACTIVITY CENTRE VAC WEEK 2



Fruit, Veggies, Milk and Water available at all meal times

| Vac Care Week 2 | MONDAY 2nd <i>Public Holiday</i> | TUESDAY 3rd <i>Kite Making</i> | WEDNESDAY 4th <i>Botanic Gardens</i> | THURSDAY 5th <i>Movies</i> | FRIDAY 6th <i>Kids First Aid</i> |
|-------------------------------------|-------------------------------------|---|---|---|-------------------------------------|
| Breakfast (finishes 8:30) | PUBLIC HOLIDAY | Cereal, Toast & Spreads | Cereal, Toast & Spreads | Cereal, Toast & Spreads | Cereal, Toast & Spreads |
| Morning Tea | | Berry Muffins | Excursion | Excursion | Pikelets |
| Lunch | | Teriyaki Chicken and Rice <i>Rice and Veggies</i> | | | Toasties *** |
| Afternoon Tea | | Homemade Granola and Yoghurt *** | Popcorn | Veggie sticks, dips, cheese and crackers | Anzac Biscuits *** |
| Late Snack | | Saos and Spreads | Smartie Cookies | Banana and Chocolate Muffins | Corn thins and Spreads |

■ = Vegetarian Option ■ = Preparation ■ = Activity with Children

At Lindfield Activity Centre the children will enjoy healthy, wholesome meals catering to all individual needs and diets.