



Lindfield Activity Centre Menu



Fruit, Veggies, Milk and Water available at all meal times

| Vac Care Week 1 December | Monday <i>CHRISTMAS CRAFT</i> | Tuesday <i>CHRISTMAS COOKING</i> |
|-------------------------------------|------------------------------------|-------------------------------------|
| Breakfast (finishes 8:30) | Yogurt, Cereal, Toast & Spreads | Yogurt, Cereal, Toast & Spreads |
| Morning Tea | Corn Thins | Saos + Spreads |
| Lunch | Chicken and Chips | Pizza |
| Afternoon Tea | Christmas Cookies | Jelly + Fruit |
| Late Snack | Veggies + Dip | Popcorn |



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| Vac Care Week 1 | Monday <i>MINUTE TO WIN IT</i> | Tuesday <i>ART EXTRAVAGANZA</i> | Wednesday <i>MOVIES</i> | Thursday <i>MAGIC SHOW</i> | Friday <i>REPTILE SHOW</i> |
|-------------------------------------|------------------------------------|------------------------------------|---|------------------------------------|-----------------------------------|
| Breakfast (finishes 8:30) | Yogurt, Cereal, Toast & Spreads | Yogurt, Cereal, Toast & Spreads | Yogurt, Cereal, Toast & Spreads | Yogurt, Cereal, Toast & Spreads | Yogurt, Fruit, Toast & Spreads |
| Morning Tea | Banana Bread | Corn thins with Spreads | EXCURSION | Pikelets | English Muffins |
| Lunch | Teriyaki Chicken and Rice | Pasta Bake | | Toasties | Fried Rice |
| Afternoon Tea | Scones | Smartie Cookies | Berry Muffins | Bean Nachos | Saladas and Spreads |
| Late Snack | Icy Poles | Veggies Sticks + Dips | Homemade Muesli and Yogurt <small>***</small> | Rocky Road | Smartie Biscuits |

■ = Vegetarian Option
 ■ = Preparation
 ■ = Activity with Children

At Lindfield Activity Centre the children will enjoy healthy, wholesome meals catering to all individual needs and diets.

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| Vac Care Week 2 | Monday <i>SPORTS DAY</i> | Tuesday <i>GO KARTS</i> | Wednesday <i>MASTERCHEF</i> | Thursday <i>BOWLING/PUTT PUTT</i> | Friday <i>ARCHIE BROS</i> |
|-------------------------------------|------------------------------------|------------------------------------|------------------------------------|--------------------------------------|------------------------------------|
| Breakfast (finishes 8:30) | Yogurt, Cereal, Toast & Spreads | Yogurt, Cereal, Toast & Spreads | Yogurt, Cereal, Toast & Spreads | Yogurt, Cereal, Toast & Spreads | Yogurt, Cereal, Toast & Spreads |
| Morning Tea | Cruskits with Spreads | Pikelets | Corn thins and spreads | EXCURSION | Excursion |
| Lunch | Quesadillas | Teriyaki Chicken and Rice | Pizza | | |
| Afternoon Tea | Cheese and Vegemite Scrolls *** | Homemade Granola and Yogurt *** | Cookies | Garlic Bread *** | Smoothies |
| Late Snack | Saos with Spreads | Smartie Cookies *** | Crackers and Cheese + Dip | Jelly + Fruit | Arrowroots and Milo |

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| Vac Care Week 3 | Monday <i>MOVIES</i> | Tuesday <i>BOWLING/LASER TAG</i> | Wednesday <i>CIRCUS SHOW</i> | Thursday <i>GYMNASTICS</i> | Friday <i>PUBLIC HOLIDAY</i> |
|-------------------------------------|------------------------------------|-------------------------------------|------------------------------------|---|---------------------------------|
| Breakfast (finishes 8:30) | Yogurt, Cereal, Toast & Spreads | Yogurt, Cereal, Toast & Spreads | Yogurt, Cereal, Toast & Spreads | Yogurt, Cereal, Toast & Spreads | PUBLIC HOLIDAY |
| Morning Tea | EXCURSION | Excursion | Corn Thins with Spread | Saos and Spreads | |
| Lunch | | | Quesadillas | Rice Paper Rolls | |
| Afternoon Tea | Cheese and Vegemite Scrolls | Weetbix Slice | Banana Bread <small>***</small> | Raisin Toast | |
| Late Snack | Ritz and Dips | Jelly + Fruit | Veggies + Dips | Fairy Bread Cookies <small>***</small> | |

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| Vac Care Week 4 | Monday <i>DISCO/TALENT SHOW</i> | Tuesday <i>DRESS UP DAY</i> | Wednesday <i>BALLOON ART</i> |
|-------------------------------------|------------------------------------|------------------------------------|-------------------------------------|
| Breakfast (finishes 8:30) | Yogurt, Cereal, Toast & Spreads | Yogurt, Cereal, Toast & Spreads | Yogurt, Cereal, Toast & Spreads |
| Morning Tea | Cruskits with Spread | Corn thins with Spreads | Cheese and Vegemite Scrolls |
| Lunch | Mini Pizzas | Nachos | Butter Chicken |
| Afternoon Tea | Smoothies | Cheese and Vegemite Scrolls | Choc Chip Raspberry Banana Bread |
| Late Snack | Ritz and Dips | Popcorn | Icy Poles |