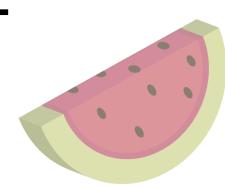




# LINDFIELD ACTIVITY CENTRE

## Year 2026 TERM 1 WEEK 1 MENU



\*Fruit, veggies and water are available at all times\*

2026 TERM 1 WEEK 1	2/2 MONDAY	3/2 TUESDAY	4/2 WEDNESDAY	5/2 THURSDAY	6/2 FRIDAY
<b>Breakfast</b>	Cereal, Toast & Spreads <b>Wholemeal Pancake</b>	Cereal, Toast & Spreads <b>Avo Toast</b>	Cereal, Toast & Spreads <b>Yoghurt</b>	Cereal, Toast & Spreads <b>Milo</b>	Cereal, Toast & Spreads <b>Orange Juice</b>
<b>Afternoon Tea</b>	Singapore Noodles	Baked Korean Chicken	Chicken Vermicelli Noodle Salad	Hot Buttered Corn Rice	Salad Sushi Rice (Toppings: Cucumber, Corn, Carrots)
<b>Late Snack</b>	Pretzel & Cheese blocks	Rice Crackers	Jelly	Vanilla Wafers	Cruskets with Spread

■ = Preparation ■ = Activity with Children ■ = Child Suggestion

Meal Prep for next day					Defrost mince in fridge for next Monday
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# LINDFIELD ACTIVITY CENTRE

## Year 2026 TERM 1 WEEK 2 MENU



\*Fruit, veggies and water are available at all times\*

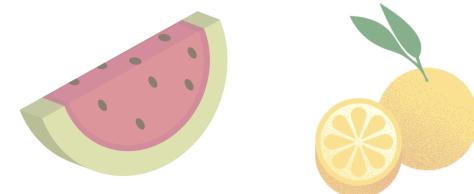
2026 TERM 1 WEEK 2	9/2 MONDAY	10/2 TUESDAY	11/2 WEDNESDAY	12/2 THURSDAY	13/2 FRIDAY
Breakfast	Cereal, Toast & Spreads <b>Yoghurt</b>	Cereal, Toast & Spreads <b>Milo</b>	Cereal, Toast & Spreads <b>Smoothies</b>	Cereal, Toast & Spreads <b>Avo Toast</b>	Cereal, Toast & Spreads <b>Wholemeal Pancakes</b>
Afternoon Tea	Sausage Rolls	Udon Noodle Salad (Toppings; Lettuce, Cucumber, Carrot)	Garlic Noodles	Cous Cous Salad	Mexican Quesadillas
Late Snack	Pineapple Smoothies	Corn thins with Spreads ***	Strawberry Jam Puff Twists	Anzac Biscuits	Decorating Arrowroots ***

■ = Preparation ■ = Activity with Children ■ = Child Suggestion

Meal Prep for next day		Prepare Jelly			Defrost chicken in fridge for next Monday
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# LINDFIELD ACTIVITY CENTRE

## Year 2026 TERM 1 WEEK 3 MENU

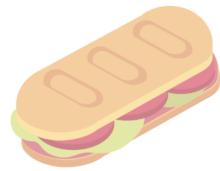


\*Fruit, veggies and water are available at all times\*

2026 TERM 1 WEEK 3	16/2 MONDAY	17/2 TUESDAY	18/2 WEDNESDAY	19/2 THURSDAY	20/2 FRIDAY
Breakfast	Cereal, Toast & Spreads <b>Hash Browns</b>	Cereal, Toast & Spreads <b>Orange Juice</b>	Cereal, Toast & Spreads <b>Avo Toast</b>	Cereal, Toast & Spreads <b>Milo</b>	Cereal, Toast & Spreads <b>Granola Yogurt</b>
Afternoon Tea	Teriyaki Chicken and Rice	Okinawan Taco Rice	Fried Rice	Bean Nachos	Ramen Noodle Salad (Hiyashi Chuka Salad Noodle, Toppings- lettuce, cucumber, ham)
Late Snack	Corn Chips	Jatz and Cheese	Cinnamon Brown Sugar Twists ***	Cruskits with Spreads ***	Rice Crackers

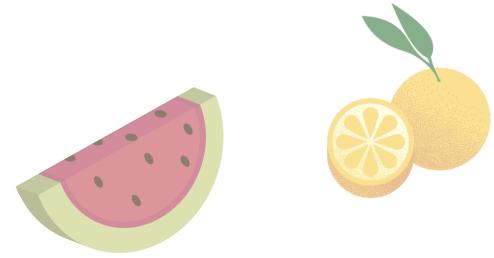
  = Preparation     = Activity with Children     = Child Suggestion

Meal Prep for next day					
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# LINDFIELD ACTIVITY CENTRE

## Year 2026 TERM 1 WEEK 4 MENU

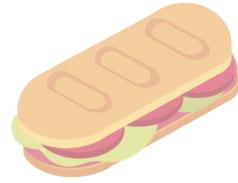


\*Fruit, veggies and water are available at all times\*

TERM 1 WEEK 4	23/2 MONDAY	24/2 TUESDAY	25/2 WEDNESDAY	26/2 THURSDAY	27/2 FRIDAY
Breakfast	Cereal, Toast & Spreads <b>Orange Juice</b>	Cereal, Toast & Spreads <b>Granola Yogurt</b>	Cereal, Toast & Spreads <b>Milo</b>	Cereal, Toast & Spreads <b>Avo Toast</b>	Cereal, Toast & Spreads <b>Smoothies</b>
Afternoon Tea	Greek Pasta Salad	Cheese Toasties	Udon Noodle Soup	Hot Chips	Roasted Vegan Mayo Potato Salad
Late Snack	Saladas and Sultanas	Anzac Biscuits	Honey Joys	Apple Crumble Slice	Fairy Bread

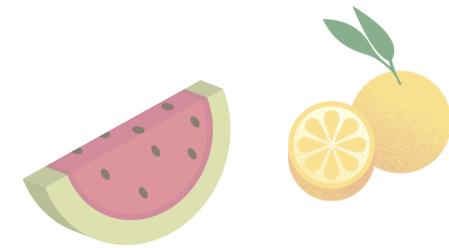
■ = Preparation ■ = Activity with Children ■ = Child Suggestion

Meal Prep for next day	Defrost mince in fridge				
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# LINDFIELD ACTIVITY CENTRE

## Year 2026 TERM 1 WEEK 5 MENU



\*Fruit, veggies and water are available at all times\*

TERM 1 WEEK 5	2/3 MONDAY	3/3 TUESDAY	4/3 WEDNESDAY	5/3 THURSDAY	6/3 FRIDAY
Breakfast	Cereal, Toast & Spreads <b>Wholemeal Pancakes</b>	Cereal, Toast & Spreads <b>Hash Browns</b>	Cereal, Toast & Spreads <b>Milo</b>	Cereal, Toast & Spreads <b>Orange Juice</b>	Cereal, Toast & Spreads Banana Pancake <b>Avo Toast</b>
Afternoon Tea	Chicken Tikka Masala served with rice	Curried vegetable samosa	Cheese and Vegemite Scrolls	Pasta with Creamy Zucchini Sauce	Wedges
Late Snack	Shortbread Fingers	Mango Lassi	Pop Corn	Strawberry Wafers	Milo Slice

█ = Vegetarian Option

█ = Preparation

█ = Activity with Children

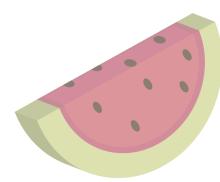
█ = Child Suggestion

Meal Prep for next day					Defrost chicken in fridge for next Monday
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# LINDFIELD ACTIVITY CENTRE

## Year 2026 TERM 1 WEEK 6 MENU



\*Fruit, veggies and water are available at all times\*

TERM 1 WEEK 6	9/3 MONDAY	10/3 TUESDAY	11/3 WEDNESDAY	12/3 THURSDAY	13/3 FRIDAY
Breakfast	Cereal, Toast & Spreads <b>Avo Toasts</b>	Cereal, Toast & Spreads <b>Milo</b>	Cereal, Toast & Spreads <b>Hash Browns</b>	Cereal, Toast & Spreads <b>Cheese Toasties</b>	Cereal, Toast & Spreads <b>Banana Pancake</b>
Afternoon Tea	Butter Chicken served with rice	Home made Pesto Pasta	Sushi Roll (Toppings: Cucumber, Chicken Katsu, Avocado)	Lemon Potato Salad	Vegetable Biryani
Late Snack	Sao with spreads	Rice cake with spreads	Jelly	Banana Bread	Coconut Biscuit

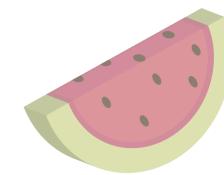
= Preparation    = Activity with Children    = Child Suggestion

Meal Prep for next day		Prepare Jelly	<b>Defrost mince in fridge</b>		
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# LINDFIELD ACTIVITY CENTRE

## Year 2026 TERM 1 WEEK 7 MENU



\*Fruit, veggies and water are available at all times\*

Term 1 Week 7	16/3 Monday	17/3 Tuesday	18/3 Wednesday	19/3 Thursday	20/3 Friday
Breakfast	Cereal, Toast & Spreads <b>Banana Pancake</b>	Cereal, Toast & Spreads <b>Smoothies</b>	Cereal, Toast & Spreads <b>Granola Yogurt</b>	Cereal, Toast & Spreads <b>Milo</b>	Cereal, Toast & Spreads <b>Hash Browns</b>
Afternoon Tea	Spanakopita (Spinach and Feta Puff)	Irish Pasties	Mac and Cheese	Bibimbap Rice	Korean Chap Chae Noodle
Late Snack	Smartie Cookies	Decorated Arrowroots Biscuits for St. Patrick's Day ***	Fruits Puff Pastry	Vanilla Wafers	Corn Thins with Spread

= Preparation

= Activity with Children

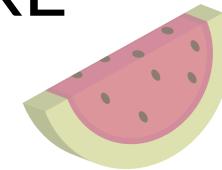
= Child Suggestion

Meal Prep for next day			<b>Defrost mince in fridge</b>		
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# LINDFIELD ACTIVITY CENTRE

## Year 2026 TERM 1 WEEK 8 MENU

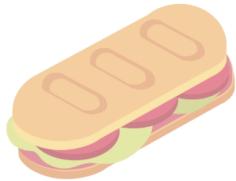


\*Fruit, veggies and water are available at all times\*

TERM 1 WEEK 8	23/3 MONDAY	24/3 TUESDAY	25/3 WEDNESDAY	26/3 THURSDAY	27/3 FRIDAY
Breakfast	Cereal, Toast & Spreads <b>Cheese Toasties</b>	Cereal, Toast & Spreads <b>Hush Browns</b>	Cereal, Toast & Spreads <b>Yoghurt</b>	Cereal, Toast & Spreads <b>Avo Toasts</b>	Cereal, Toast & Spreads <b>Milo</b>
Afternoon Tea	Napoletana Pasta	Garlic Cheese Pizza	Ramen Noodle Soup	Miso Corn Butter Rice	Teriyaki Beef served with Rice
Late Snack	Rice Cake with Spread	Jelly	Rice Bubbles Slice	Cinnamon Brown Sugar Puffs ***	Cruskits with spread

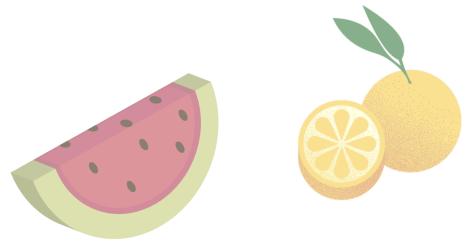
■ = Preparation ■ = Activity with Children ■ = Child Suggestion

Meal Prep for next day	Prepare Jelly in fridge				
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# LINDFIELD ACTIVITY CENTRE

## Year 2026 TERM 1 WEEK 9 MENU

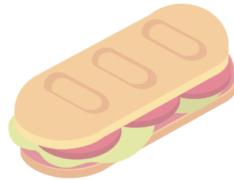


\*Fruit, veggies and water are available at all times\*

Term 1 Week 9	30/3 Monday	31/3 Tuesday	1/4 Wednesday	2/4 Thursday	3/4 Friday
Breakfast	Cereal, Toast & Spreads <b>Smoothies</b>	Cereal, Toast & Spreads <b>Granola Yoghurt</b>	Cereal, Toast & Spreads <b>Hash Browns</b>	Cereal, Toast & Spreads <b>Oranji Juice</b>	
Afternoon Tea	Stir Fry Udon Noodle	Fried Rice	Pasta Bake	Pepperoni Pizza	<b>Easter Holiday</b>
Late Snack	Saladas with Cheese Cubes	Rocky Road	Jatz with sultanas	Anzac Biscuits	

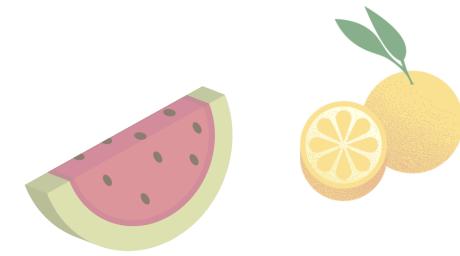
= Preparation    = Activity with Children    = Child Suggestion

Meal Prep for next day				<b>Defrost chicken in fridge</b>	
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# LINDFIELD ACTIVITY CENTRE

## Year 2026 TERM 1 WEEK 10 MENU



\*Fruit, veggies and water are available at all times\*

Term 1 Week 10	6/4 Monday	7/4 Tuesday	8/4 Wednesday	9/4 Thursday	10/4 Friday
Breakfast		Cereal, Toast & Spreads <b>Orange Juice</b>	Cereal, Toast & Spreads <b>Milo</b>	Cereal, Toast & Spreads <b>Wholemeal Pancake</b>	Cereal, Toast & Spreads <b>Cheese Toasties</b>
Afternoon Tea	<b>Easter Holiday</b>	Spaghetti Bolognese ***	Ham & Cheese Scrolls	Udon Noodle Soup	Sausage Sizzles
Late Snack		Corn Chips	Pop Corn	Carrot Cake	Decorating Arrowroot ***

■ = Preparation ■ = Activity with Children ■ = Child Suggestion

Meal Prep for next day					
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