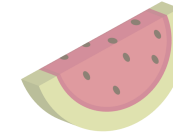


Lindfield Activity Centre Menu

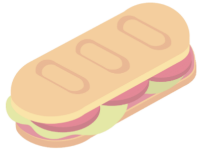


Fruit, Veggies, Milk and Water available at all meal times

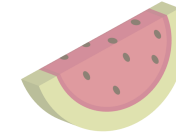
Vac Care Week 1	Monday <i>Dress Ups</i>	Tuesday <i>Junkyard Beats</i>	Wednesday <i>Decades Disco</i>	Thursday <i>***</i>	Friday <i>Murder Mystery</i>
Breakfast (finishes 8:30)	Yogurt, Cereal, Toast & Spreads	Yogurt, Cereal, Toast & Spreads	Yogurt, Cereal, Toast & Spreads	Yogurt, Cereal, Toast & Spreads	Yogurt, Fruit, Toast & Spreads
Morning Tea	Crumpets	Sakatas, veggie sticks and dips	Banana Bread	Ham and Cheese Scrolls	Corn Thins with Spreads
Lunch	Spaghetti Bolognese	Bread Roll Sandwiches	Teriyaki Chicken and Rice	Fried Rice	Sandwiches
Afternoon Tea	Saladas with Spreads	Muesli Bars	Scones	Nachos	Smoothies
Late Snack	Weet bix Slice	ANZAC Slice	Homemade Muesli and Yogurt	Rocky Road	Veggie Sticks with Dips

= Vegetarian Option = Preparation = Activity with Children

At Lindfield Activity Centre the children will enjoy healthy, wholesome meals catering to all individual needs and diets.



Lindfield Activity Centre Menu

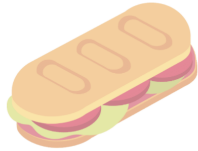


Fruit, Veggies, Milk and Water available at all meal times

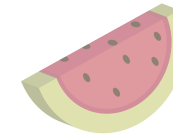
Vac Care Week 2	Monday <i>Koori Kinnections</i>	Tuesday <i>Bop Party</i>	Wednesday <i>Powerhouse Museum</i>	Thursday <i>Magic Show</i>	Friday <i>Sydney Zoo</i>
Breakfast (finishes 8:30)	Yogurt, Cereal, Toast & Spreads	Yogurt, Cereal, Toast & Spreads	Yogurt, Cereal, Toast & Spreads	Yogurt, Cereal, Toast & Spreads	Yogurt, Cereal, Toast & Spreads
Morning Tea	Excursion	Pikelets	Excursion	English Muffins	Excursion
Lunch		Toasties		Pasta Bake	
Afternoon Tea	Banana Muffins	Homemade Granola and Yogurt	Garlic Bread	Smartie Biscuits	Cruskits with Spreads
Late Snack	Saos with Spreads	Sakatas and Dips	Jelly and Fruit	Saladas with Spreads and Cheese	Arrowroots and Milo

■ = Vegetarian Option ■ = Preparation ■ = Activity with Children

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Lindfield Activity Centre Menu



Fruit, Veggies, Milk and Water available at all meal times

Vac Care Week 3	Monday <i>Zumba</i>	Tuesday <i>Wildflower Garden</i>	Wednesday <i>Laser Tag</i>	Thursday	Friday <i>Circus/Carnival Day</i>
Breakfast (finishes 8:30)	Yogurt, Cereal, Toast & Spreads	Yogurt, Cereal, Toast & Spreads	Yogurt, Cereal, Toast & Spreads	Public Holiday	Yogurt, Cereal, Toast & Spreads
Morning Tea	Cruskits with Spread	Excursion	Corn Thins with Spread		Saos and Spreads
Lunch	Mini Pizzas		Quesadillas		Rice Paper Rolls
Afternoon Tea	Cheese and Vegemite Scrolls	Sushi	Banana Bread		Raisin Toast
Late Snack	Ritz and Dips	Icy Poles	Popcorn		Fairy Bread

= Vegetarian Option = Preparation = Activity with Children

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